

# Northampton Area Pediatrics Parenting Workshops 2018-2019

Join pediatrician,
Jonathan Schwab, M.D.,
and clinical psychologist,
Sharon Saline, Psy.D, and
invited guest speakers
for a short presentation
and Q & A. Gain insights
and ask your questions!



# Sundays 4pm to 5:30pm 193 Locust St., Northampton

All parenting workshops are free of charge and open to the public.

# September 30<sup>th</sup>

How to Teach (and Learn From) Our Kids about Sex with Jane Fleishman, MD

## October 14<sup>th</sup>

Parenting Preschoolers with Confidence, Clarity and Empathy with Sarah Abel, LICSW

### November 18<sup>th</sup>

An Introduction to Counseling and Mental Performance Skills Training for Young Athletes with Ben Thompson, LICSW

### December 2<sup>nd</sup>

When Worrying Takes Over: Managing Anxiety in your Child or Teen with Sharon Saline, PsyD and Jonathan Schwab, MD

# January 13<sup>th</sup>

Autism Spectrum Disorders from Toddlers to Teens with David Kieval, PsyD, BCBA, Peter Everett, MD, and NAP Care Coordinators Jill Quinn and Jacqueline Riel

### February 10<sup>th</sup>

Picky Eating from Toddlers to Teens with Ana Maria Moise, MS CNS LDN, Michele LaRock, MS RDN LDN and Kristen Deschene, MD

### March 3<sup>rd</sup>

Everything You Want to Know about Parenting an ADHD Child or Teen with Sharon Saline, PsyD and Jonathan Schwab, MD

### April 7<sup>th</sup>

Marijuana and Vaping: Are They Really Harmless? with Jonathan Schwab, MD

### May 5

Raising Digital Kids: How to Manage Screens in your Family with More Cooperation and Less Yelling with Sharon Saline, PsyD



RSVP contactus@napeds.com (413) 517-2226